

# Trent Woods Garden Club

## February 2023

Greetings to all TWGC Members,

I sure enjoyed Olwen's program last month about waterfowl in our area. Thank you to Raye Lynn Longhini for scheduling such interesting monthly programs. If you have any ideas you would like to see or learn about in the future, please contact Raye Lynn.

We have a need for volunteers for the Herb Sale and the NB Farmers market sale. Details are here, in the newsletter. Even just a few hours would be a big help.

Please get your Herb and Plant orders in as soon as possible Feb 15th is a really short time away. You may want to think about what you can donate to the White Elephant Sale we are having at the NB Farmers Market, please bring your donations to the March meeting.

Thank you all, if we work together we can accomplish all our goals for TWGC

Gail

Member of National Garden Clubs, Inc.

And

Garden Clubs of North Carolina, Inc.

*TWGC Executive Board 2022-2023*

Gail McLamb,

President

1st Vice President, Rhona Beadle

2nd Vice President, Raye Lynn Longhini

Recording Secretary, Deb Tallman

Treasurer, Mary Florence

Corresponding Secretary, Ann G. Hall

Historian, Marcia Sproul

TWGC General Meeting

**February 9, 2023**

At New Bern Golf and Country Club

10:00 AM Social time 10:30 AM Meeting begins

**Program**

**“Spring Gardens”**

Rachel will share her knowledge and advice on getting our gardens ready for spring.

Presented by

Rachel Tipton Owner/Horticulturist Harbourside Garden

Menu Selections

1. Cobb Salad – Crisp iceberg, hard boiled eggs, diced tomatoes, grilled chicken, scallions, avocado, Swiss & cheddar cheese, topped with apple-wood smoked bacon, with choice of dressing

Or

2. Beef Tips over rice with chef’s choice of vegetable

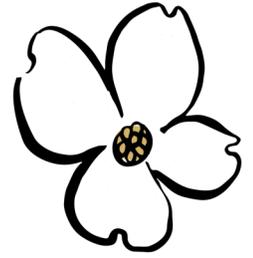
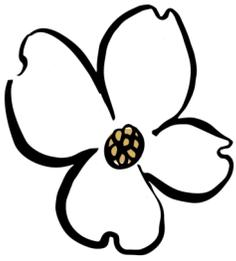
Please contact Judy Boyd to make a reservation by

Tuesday February 7th and indicate your choice [judysboyd@embarqmail.com](mailto:judysboyd@embarqmail.com)

Lunch cost \$25. due before start of meeting.

Meeting only \$10.

## TWGC Spring 2023 Fund Raising



Dear TWGC Member,

The TWGC Board has decided to expand our fund raising in the Spring of 2023. To that end, we will have our 17<sup>th</sup> Annual Herb Sale -as always, pre-order and check to Mary Florence by 2/15/23 and we will deliver to your home on April 21, 2023.

TWGC will also be offering flats of annuals and hanging baskets this year, same as Herb Sale pre-order and check to Mary Florence by 2/15/23—but you will pick up the flats or baskets at the New Bern Farmers Market on 4/22/23. On 4/22/23 TWGC will also be offering flats, hanging baskets and “White Elephant” garden themed items for sale to the public.

### *How can You help us raise money for our scholarships and other worthy civic projects?*

- 1: Order your herbs, flats and hanging baskets by 2/15/23. Encourage your neighbors and friends to follow your lead. Order forms can be found on [www.trentwoodsgardenclub.com](http://www.trentwoodsgardenclub.com) or email Mary Florence at [mflorence@suddenlink.net](mailto:mflorence@suddenlink.net)
- 2: Please donate white elephant/garden items at the March 9<sup>th</sup> or April 13<sup>th</sup> meeting, No plants at this time. Gloves, tools, books, vases, kneelers, cute objects for the garden, pots or planters, etc., etc. You get the idea!
- 3: Volunteer to sort and deliver herbs on 4/21/23 and/or volunteer to work our booth at the New Bern Farmers Market 4/22/23.

*We need your help to make this the most successful fund-raising season ever!*

*We can not do it without your help.*

Regarding a plant swap-this has been postponed and we will let you know as soon as possible.



# Trent Woods Garden Club 2023 Herb Sale Pre-Order Form

Due February 15, 2023 Plants will be delivered to your home April 21, 2023

\$4per 4'-4.5" pot

Naturally Grown



## Culinary Herbs

**Arugala** \_\_\_\_\_

**Basils:**

***African Blue*** \_\_\_\_\_

***Sweet*** \_\_\_\_\_

***Lemon*** \_\_\_\_\_

***Thai*** \_\_\_\_\_

***Tusli (Holy Basil)*** \_\_\_\_\_

**Chives, Onion** \_\_\_\_\_

**Chives, Garlic** \_\_\_\_\_

**Chervil** \_\_\_\_\_

**Cilantro** \_\_\_\_\_

**Culantro** \_\_\_\_\_

**Dill** \_\_\_\_\_

**Fennel, Bronze** \_\_\_\_\_

**Lemon Grass** \_\_\_\_\_

**Lemon Verbena** \_\_\_\_\_

**Lovage** \_\_\_\_\_

**Marjoram** \_\_\_\_\_

**Mints:**

***Peppermint*** \_\_\_\_\_

***Spearmint KY Col.*** \_\_\_\_\_

**Oreganos:**

***Greek*** \_\_\_\_\_

***Italian*** \_\_\_\_\_

**Parsley, Curly** \_\_\_\_\_

**Parsley, Italian** \_\_\_\_\_

**Purple Perilla** \_\_\_\_\_

**Salad Burnet** \_\_\_\_\_

**Rosemary:**

***Upright*** \_\_\_\_\_

***Trailing*** \_\_\_\_\_

**Sages:**

***Berggarten*** \_\_\_\_\_

***Garden*** \_\_\_\_\_

***Pineapple*** \_\_\_\_\_

***Purple*** \_\_\_\_\_

***Tri-color*** \_\_\_\_\_

**Sorrel, Red** \_\_\_\_\_

**Tarragon:**

***French*** \_\_\_\_\_

***Mexican*** \_\_\_\_\_

**Thymes:**

***English*** \_\_\_\_\_

***French*** \_\_\_\_\_

**Lavenders:**

***Goodwin Creek*** \_\_\_\_\_

***Munstead*** \_\_\_\_\_

***Provence*** \_\_\_\_\_

***Sweet*** \_\_\_\_\_

**Nasturtiums** \_\_\_\_\_

## Medicinal and Ornamental Herbs

**Aloe** \_\_\_\_\_

**Anise Hyssop** \_\_\_\_\_

**Arnica** \_\_\_\_\_

**Bee Balm** \_\_\_\_\_

**Lemon Balm** \_\_\_\_\_

**Calendula** \_\_\_\_\_

**Catnip** \_\_\_\_\_

**Calendula** \_\_\_\_\_

**Chamomile:**

**German** \_\_\_\_\_

**Roman** \_\_\_\_\_

**Citronella** \_\_\_\_\_

**Coffee Chickory** \_\_\_\_\_

**Comfrey** \_\_\_\_\_

**Foxglove** \_\_\_\_\_

**Johnny Jump ups** \_\_\_\_\_

**Lavender Thyme** \_\_\_\_\_

**Red Mother of Thyme** \_\_\_\_\_

**Lemon Coleus** \_\_\_\_\_

**Scullcap** \_\_\_\_\_

**Feverfew** \_\_\_\_\_

**Silver Tansy** \_\_\_\_\_

**Toothache Cress** \_\_\_\_\_

**Vick's Plant** \_\_\_\_\_

**Wooly Lambs Ear** \_\_\_\_\_

Order form on reverse side

**Trent Woods Garden Club Herb Sale 2023**

**Order Form Due 2/15/2023**

**Delivery to your home on April 21, 2023**

#	HERBS @ \$4 EACH
	Total

**Make check payable to Trent Woods Garden Club or TWGC**

**Check total \$ \_\_\_\_\_**

**Mail Order Form and check to:**

Mary Florence  
911 Capstan Court  
New Bern, NC 28560

Your name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

## Bank of the Arts January 2023 By Rhona Beadle

The arrangement includes a leaf of Sabal Minor and white Hydrangea, together with Gypsophilia (Baby's Breath). Hydrangea does not last in floral foam, so the mechanics of the arrangement had to be 'creative.'

The floral design was created to reflect the bold foliage paintings by Carol Tokarski combined with the elegant floral painting of Jan Francoeur.



## January 2023 Garden Therapy – Golden Heights by Paula Hartman, photos by Kathleen Marty

What a great visit we enjoyed at Golden Heights Home (formerly Good Shepherd Home for the Aged). The residents were ready when we arrived to make bird feeders. We had a full complement of TWGC members including our President, Gail McLamb, Raye Lynn (our incoming President), Ann G. Hall, Rhona Beadle, Maggie Ferrara, Jeanne Garner, GT Chair, Frances Eder and Paula Hartman. Kathleen Marty, our photographer, came to capture the activities!



Once our guests lathered up the pine cones with lard (much safer and better than peanut butter), they rolled the cones in birdseed, then proceeded out front to hang them in the trees. Soon the cardinals and other birds will find the feeders, and the residents will enjoy watching. We have been visiting this home for many years and know that the residents truly enjoy not only this activity, but also the chats we have with them.

The benefits of this visit was evident not only in the faces of the residents, but also with our TWGC members who found this time shared valuable, that is, to share a visit with strangers. A special treat after making the feeders, we served donuts (probably a rarity in their lives) and juice. Thank you to all the TWGC members who participated in this activity which was appreciated by both the residents and staff alike.

More on [www.trentwoodsgardenclub.com](http://www.trentwoodsgardenclub.com)



# Garden Therapy Schedule 2023

Contact Chair: Jeanne Garner (301) 332-2591 jag1law@aol.com

Or Kathy Perretta – krperretta@aol.com 252-633-3665 to volunteer

## **Monday, February 13, 2023 10am**

Hostess Marcia Sproul - 252-672-0472 Homeplace, 1309  
McCarthy Blvd.

Floral arrangements

## **Monday, March 13, 2023 10am**

Hostess Rhona Beadle 826-266-7888 Monarch, 1320 Health  
Drive

Pine cone feeders

## **Monday, April 17, 2023 10am**

Host Jack Durham - 919-758-5100 River Point Crest , 2600  
Old Cherry Point Road

Plant Vegetable Garden

# Youth Gardeners

By Paula Hartman



Another bzzzzzy meeting with the Garden BEES of Oaks Road Academy. We are so pleased to welcome a new member to our team: Karen Powers. We now have 6 TWGC members (Frances Eder, Kathy Perretta, Carole Letellier, Ann G. Hall, Eileen Griswold and Karen Powers) who work together to bring fun and education to our second graders.



Our theme for January was “BIRDS”. We talked about cardinals and bluebirds and how one can differentiate male from female. We introduced new vocabulary such as camouflage, habitat, parts of the bird, etc. We had 4 activities running at the same time: making feeders with pinecones, lard and birdseed, writing poems and essays about birds (using new vocabulary from a word search), drawing their favorite bird and pulling radishes in the garden.

Now perhaps you may think that this is rather ambitious to accomplish with 22 little ones in an hour or so...well, we did it and the children were great! They even had time to hang some of the feeders in a tree outside their classroom. For homework, after bundling their very messy creations in waxed baggies, they will watch which birds come to their feeders at home and check off on the Bird Log Poster (designed by Ann) every day for the month. (This should be a very interesting tally).



So, as usual, it was all fun, BUT WAIT... one more activity was the arrival of Gail Krielow, former TWGC President, who loves to knit, who presented each child with a hat, scarf and mittens in various colors and designs. What a special gift for these children. So, after our activities they put on their gifts for the group picture. Thank you again, Ms Gail, for bringing such joy to the BEES.

Next meeting is on Feb. 14 and we'll have some special activities for all!

# Youth Gardeners 2023 Schedule



Feb. 14

March 15

Apr. 15

May 17

Early June – last meeting

Meeting: generally 3<sup>rd</sup> Wednesday of the month. We meet for lunch and planning at 11:15 at Kitchen on Trent and start the program at 12:30 Oaks Road Academy.

## Don't Forget

Your donations to the TWGC Garden Sale being held on Saturday April 22, 2023 at New Bern Farmers Market, Please bring your donations of anything garden: gloves, vases, books, tools, statues, plant stakes, markers, etc.

## Don't Forget

To volunteer with sorting and filling orders and delivering herbs from the TWGC Herb Sale on April 21, 2023.

## Don't Forget

To volunteer to help with the TWGC booth at the New Bern Farmers Market, on April 22, 2023 where we will have flats of annuals and hanging baskets for sale along with donated garden related items.

### January 2023 Monthly Program

Olwen Jarvis treated TWGC to an educational program on water-birds found in Eastern North Carolina.



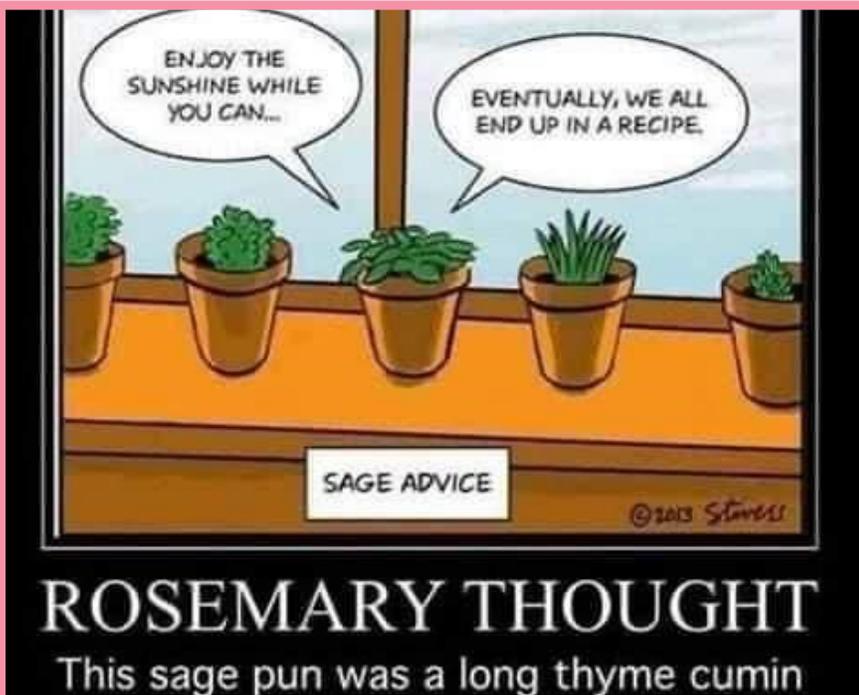
## Seasonal Design January 2023



This lovely arrangement was created by Carolyn Waring using foliage and berries from her own yard and cattails she found. Very creative, love the pebbles used as an organic oasis and mirrors the cattails environment.

(Below)

Gail McLamb provided this arrangement that was all sourced from her yard.



# **If you enjoy perusing plants at the nurseries and purchasing ones that you fancy, then developing a landscape plan might be a better option!**

*By Judi Lloyd*

While most of us are also guilty of this, it's not the best way to go about designing your property. Winter is a perfect time to put together your ideas and needs for spring planting! Landscape design is both an art and a purposeful process. It is the conscious arrangement of outdoor space to maximize your enjoyment while minimizing costs and negative environmental impacts. A well-designed home landscape is aesthetically pleasing and functional, creating comfortable outdoor spaces as well as reducing the energy costs of heating and cooling the home. It offers pleasure to your family, enhances the neighborhood, and adds to the property value. With a little forethought and planning, you can maximize the way you use your property; establish a visual relationship between the house, its site, and the neighborhood; and contribute to a healthy local ecosystem.

The planning process, possibly the most important aspect of residential landscaping, is often neglected. We can see the effects: overcrowded and overgrown plantings, lawns with scattered shade trees, a narrow concrete walk, trees and shrubs planted too close to structures, every plant a different species, or too many of the same plant. The result can be unattractive and may not serve your family's needs. Good landscape design creates a satisfying environment while saving time, effort, and money and benefiting the environment. Fundamental design concepts—scale, balance, unity, perspective, rhythm, and accent—form the basic considerations in design development. The space changes as we use it, as plants grow, and as nature contributes its full range of environmental conditions.

You can use paper or a computer program to create a landscape plan. Landscapes are *dynamic* spaces—they are always changing. Plants change with the seasons, grow, age, flower, reproduce, and provide habitat for other creatures.

Simplicity, repetition, line, variety, and harmony are used in landscape design to create a visually appealing composition.

Develop a base plan, which is a bird's eye view of the site drawn to scale. Inventorying the property and recording existing structures and features of the landscape also provides an opportunity to identify the positive and negative aspects of the existing landscape. One goal of effective landscaping is to create a definite relationship between the house and its environment. Note plants that should be retained and worked into the new landscape or planting. Some trees and shrubs may simply require pruning, while others may need to be relocated or removed entirely. Any neighborhood association guidelines and restrictions need to be considered. In selecting plant size, resist the temptation to have an "instant landscape." Small plants establish faster and are more economical. Large trees and shrubs may achieve an instantaneous effect, but transplant stress increases with plant size.

Your final plan should show all changes to be made to existing site features like walks or driveways and any additions, such as a deck, pool, or patio.

This information is cited from: <https://content.ces.ncsu.edu/extension-gardener.../19-landscape-design>

# Bird of the Month February 2023 Great Blue Heron By Michael Creedon



Most of you, particularly those who live on a body of water, either a river, creek, stream, lake, or pond will have seen this bird stalking the edges of the water. Those poor souls who thought it a great idea to install a beautiful Koi pond on their property are particularly familiar with this species heron.

The Great Blue Heron, more often referred to as a GBH, is primarily a new world bird.



It is replaced in the “Old World” by the Gray Heron. It is the largest heron native to North America, surpassed only in size by the Goliath Heron of Africa. Males are slightly larger than females, but otherwise indistinguishable. It stands between just under 4’ to 4 1/2’ tall, with a wingspan of 5’ to over 6’.



These birds are generally slaty gray, with a paler head and a nearly white face, with a wide black stripe over the eye. The bill is a dull yellowish, becoming orangey at the start of breeding season. The legs turn from gray to orangey as well at this time. The feathers on the lower neck are long and plume-like; it also has plumes on the lower back at the start of the breeding season.

## Bird of the Month (continued)

The GBH is found throughout most of North America, from Alaska to the Caribbean. The northern birds migrate in winter to coastal areas of the south. Around here they are residents year-round. They are quite adaptable and may be seen in heavily developed areas if they hold bodies of fish-bearing water. With those large wings, they are graceful flyers, easily soaring to heights, before gracefully gliding down to land exactly where they wish. They are opportunistic



feeders, generally consuming small fish. However, they will eat just about anything, including shrimp, crayfish, crabs, grasshoppers, frogs, lizards, snakes, even ducklings. Herons locate their food by sight and usually swallow it whole.

Look for Great Blue Herons in saltwater and freshwater habitats, from open coasts, marshes, sloughs, riverbanks, and lakes to backyard goldfish ponds. They also forage in grasslands and agricultural fields. Breeding birds gather in colonies or “heronries” to build stick nests high off the ground. These colonies range from 5 to 500 nests each, usually hard to reach on foot, such as islands, swamps and very tall trees. They are monogamous for one breeding season, choosing new mates next year.



## Bird of the Month (continued)

The female lays 3 to 6 eggs, taking one month to hatch. They share incubation duties and feeding. At 45 days the chicks are 86% of adult size. At 60 days they take their first flight, returning to the nest for another 3 weeks. Nest predators are Vultures, Ravens and Crows. Adults have few predators, with



the Golden Eagle and Great Horned Owls the only species known to attack GBH's at every life stage.

So when you witness a GBH stalking the water's edge in your neck of the woods, take a few minutes and enjoy the show.

# cupid's cloud raspberry and cream dessert



*This Cupid's Cloud Valentine's Day Dessert is a simple and delicious whipped cream and raspberries dessert that's perfect for love day! Ready in minutes.*

**Author:** [Jo-Anna Rooney](#) **Prep Time:** 15 minutes **Total Time:** 15 minutes **Yield:** 6

## ingredients

1 cup whipping cream

1 tbsp sugar

1/2 tsp vanilla

2 cups frozen raspberries (see recipe tips)

1/2 cup sugar

## instructions

Using a mixer, whip together the whipping cream, 1 tbsp sugar, and the vanilla. Set aside.

In a food processor blend together the frozen raspberries and 1/2 cup sugar.

Once the raspberries have been blended, fold them in to the whipping cream. I do this by using a spatula.

Evenly distribute the dessert between 4-5 dessert cups or fancy glasses.

Refrigerate until you are ready to enjoy! (see recipe tips)

## Recipe Tips:

- **Raspberries:** Use frozen raspberries only. If you use fresh raspberries they will just turn into mush and make this dessert too wet.
- **Mixing the raspberries and sugar:** Use a small food processor, or even the blender, to mix the frozen raspberries and sugar.
- **Whipping Cream:** Use 33% whipping cream
- **Make Ahead:** You can make this dessert ahead of time, but there are a couple of things to consider: if you make it and serve it right away, it is more fluffy. If you make it a few hours ahead, the dessert can get a bit soupy...it's delicious but not fluffy. Just make sure to keep it in the fridge until you're ready to serve it.
- **Option:** If you don't want to use raspberries, you can substitute them with strawberries or blackberries, or even a mix of berries.

**More ways to enjoy Cupid's Cloud:** This raspberry and cream dessert is delicious as a stand alone dessert, but it can also be used for other things: use it to top pancakes, put it inside [crepes](#), serve it with [chocolate cake](#), put it on [Eton Mess](#) or [Pavlova](#).

February 1

Dear Trent Woods Garden Club Member:

Happy Almost Spring and the beginning of the gardening year. It is also the beginning of our annual membership drive for the period June 1 2023 through May 31, 2024. Annual dues are still \$30, payable by check using the tear-off sheet below. Information must be submitted to the North Carolina Garden Club by the end of March, therefore we need your dues on or before March 15, please.

Send your dues **ASAP** To:

TWGC c/o Rhona Beadle, Membership Chair  
6004 Clubhouse Drive  
New Bern, NC 28562

Please note that if you joined the club after January 1, 2023, your dues are considered paid for the period June 2023 through May 2024.

-----  
Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone and email: \_\_\_\_\_

(please print)

Here is my check in the amount of \$30 for annual TWGC dues from June 2023 through May 2024.

Mail to: TWGC c/o Rhona Beadle, 6004 Clubhouse Drive, New Bern, NC 28562



## Veteran's Organic Garden

Veterans Employment Base Camp and Organic Garden  
Garden: 1235 Pollock St.  
Business: 419 CONNER GRANT RD  
NEW BERN, NC 28562  
Telephone-252-617-2848  
<http://www.vebcognc.com/>  
[E-Mail-lovayw@gmail.com](mailto:E-Mail-lovayw@gmail.com)

January 20, 2023

Dear Trent Wood Garden Club:

Thank you so much! We really appreciate your generous donation toward the Veterans Employment Base Camp and Organic Garden. Thank you for investing in our Veterans Farmers program and Youth Farmers Market. **VEBCOG's mission, which is to assist homeless veterans with transitional employment and disabled veterans with horticultural therapy** to provide youth agricultural outreach and to a great number of military members with the ability to provide resources and information to support the decisions of veterans to create a meaningful, passionate and financially sustainable opportunity in the NC agricultural community.

Your generous investment will assist with providing additional resources for the Youth Farmers Market, to the youth and military veterans we serve and to help fill the roles that expand New Bern's food supply! Please keep this letter for your tax records. Your \$250.00 in kind gift is tax deductible to the fullest extent of the law.

Sincerely,



Lovay Wallace-Singleton  
Executive Director

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