



# Trent Woods Garden Club

## October 2021

Dear TWGC Members,

What a whirlwind month was October! First we had a lovely meeting in October and I know we all enjoyed Olwen Jarvis' program on local birds. I know I always try and have a little bit of bird friendly habitat in my garden.

Next we had a lot of fun creating 140 nosegays for Meals on Wheels local recipients. It was a lovely morning of comradery and flowers to help others who maybe needed to know that we were thinking of them. It's always nice to think of others, isn't it?

The GCNC District 11 Fall meeting we hosted was a huge success! Thank you Thank you Thank you to everyone who helped! There were a whole lot of people that worked hard to make this happen and show that TWGC can throw an event. First though I need to thank New Bern Garden Club for creating the adorable name tags and participating in the White Elephant Silent Auction.

Thank you to all the TWGC members that made sure everything went smoothly from: sign up, food and beverages, programs, agenda, keeping the meeting moving, set up, table décor, greeting, and a hundred other details that mean so much!

Finally, TWGC then participated at Ghost Walk! What an evening! I believe I was told that this was the greatest attended Ghost Walk ever. We had so much fun acting as docents.

Now I'm going to put my feet up-kidding!

Xoxo Gail

Member of National Garden Clubs, Inc.

And

Garden Clubs of North Carolina, Inc.

*TWGC Executive Board 2021-2022*

Gail McLamb,

President

1st Vice President, Rhona Beadle

2nd Vice President, Raye Lynn Longhini

Recording Secretary, Deb Tallman

Treasurer, Mary Florence

Corresponding Secretary, Ann G. Hall

Historian, Marcia Sproul

November 11, 2021

**New Bern Golf & Country Club**

4301 Country Club Road, New Bern, NC 28562

**10:00 am – Coffee and Social**

**10:30 – Meeting and Program**

**12 Noon – Lunch**

Program

*“Before and After Transformation”*

Step by step power point presentation on a recent landscape renovation at Cathy's home by Harbourside Garden

Presented by

Cathy McAlister, Member of TWGC and Rachael Tipton of Harbourside Garden

**Menu Selections**

**Oriental Chicken Salad** - Shredded Napa Cabbage, Daikon Radish Sprout, Iceberg Lettuce, tossed with Teriyaki and Five Spice Chicken, Macadamia Nuts, Scallions, and Mandarin Oranges with Yuzu Ginger Vinaigrette and topped with Crisp Wonton Strips

*OR*

**Turkey & Brie** – Shaved roasted turkey breast, apple-wood smoked bacon, creamy brie cheese & apricot preserves on toasted sourdough with a fruit cup

Please contact Judy Boyd to make a reservation by

Tuesday Nov 9th and indicate your choice at

[judyboyd@embarqmail.com](mailto:judyboyd@embarqmail.com)

Cost \$18. due before start of meeting.

# Garden Therapy

TWGC volunteers created 140 nosegays to be distributed to Meals on Wheels recipients. A fun morning filled with comradery



## Garden Therapy (continued)



### Garden Therapy Schedule 2021-2022

Contact Kathy Perretta – [krperretta@aol.com](mailto:krperretta@aol.com) 252-633-3665

*Nov. 23, 2021 10am*

Croatan Village, 4522 Old Cherry Point Road

*December 13, 2021 10am*

Brookdale, 1336 S. Glenburnie Road

*Monday, January 17, 2022 10am*

Good Shepherd, 603 West Street

*February 14, 2022 10am*

Homeplace, 1309 McCarthy Blvd.

*March 14, 2022 10am*

Monarch, 1320 Health Drive

*April 18, 2022 10am*

River Point Crest , 2600 Old Cherry Point Road

# Seasonal Design

October 2021



Above: Ann Simpson designed this gorgeous arrangement all made from seed pods and leaves from her yard!

Deb Tallman's Halloween inspired arrangement took advantage of the pumpkins, mums, greens and seed pods that are available at this time of year.



Please Welcome TWGC's Newest Member!

Betty Garren



## Beautification



Marcia Sproul, Sue Wyatt, and Debbie and Jack Durham were busy planting spider lilies at Cottle Park. They will look wonderful next fall! Thank you Marcia, Sue, Debbie and Jack!

### **Blue Star Memorial Dedications**

Fuquay Varina Garden Club, Fuquay Varina, NC on November 10.

Cape Fear Garden Club, Wilmington, NC on November 11.

Please consider attending one or more of these special events honoring our service men and women who have served, are serving and will serve in the US Military.

**“All to see, lest we forget, those who help to keep us free”**

# What are the easiest fall/winter garden veggies to grow?

*By Judi Lloyd*

Fall vegetable gardening in North Carolina can be the most enjoyable time of year to work outside. Most fall veggies are packed with vitamins and minerals, and loaded with fiber – nutritional powerhouses. You can purchase starts from your local nursery ready to pop in the ground or in pots, or direct sow seeds for quick seed to table edibles. Refer to NCSU planting guide for best planting dates: <https://content.ces.ncsu.edu/growing-a-fall-vegetable-garden>

Some of the easiest and fastest producing vegetables are turnip and rutabaga, great for roasting which helps to bring out the best flavor. Seeds sown ½” directly in well cultivated soil will produce terrific tasting veggies anywhere from 55 to 75 days. Beets and carrots, root vegetables that pair well with turnip and rutabaga, are best direct sown ½ to 1” in fertile soil. When starting plants from seed, mulch the soil well and keep consistently moist until sprouts appear. Beets should be ready to harvest in 55 – 60 days; carrots take a little longer, approximately 85 – 95 days to harvest.

Dark leafy greens grow best in cool temperatures. Kale, lettuce, spinach and Chinese cabbage (pak choi, bok choy) all grow well, direct sown from seed. Sow lettuce seed ¼” and the rest approximately ½” in rich soil. Mulch well and keep soil and mulch moist through sprouting. Begin harvesting the outer leaves of Chinese cabbage after about 30 days, or full heads in as little as 45 days. Kale should be ready to harvest leaves in 40 – 50 days from planting and will continue to produce larger leaves throughout the fall and well into winter – a very cold hardy plant. Spinach takes a bit longer from seed, anywhere from 50 to 60 days to begin snipping leaves and lettuce should be ready to harvest full plants in 70 – 85 days or start snipping outer leaves earlier for continually producing salad greens.

If you prefer immediate gratification, visit your local nursery to purchase lettuce, cabbage, broccoli, Brussels sprouts and collards. Plant in well drained rich soil in a sunny location, water once per day for the first week of transplant, reducing water to once every two days in the second week, once every three days in week three then 1” of water each week thereafter.

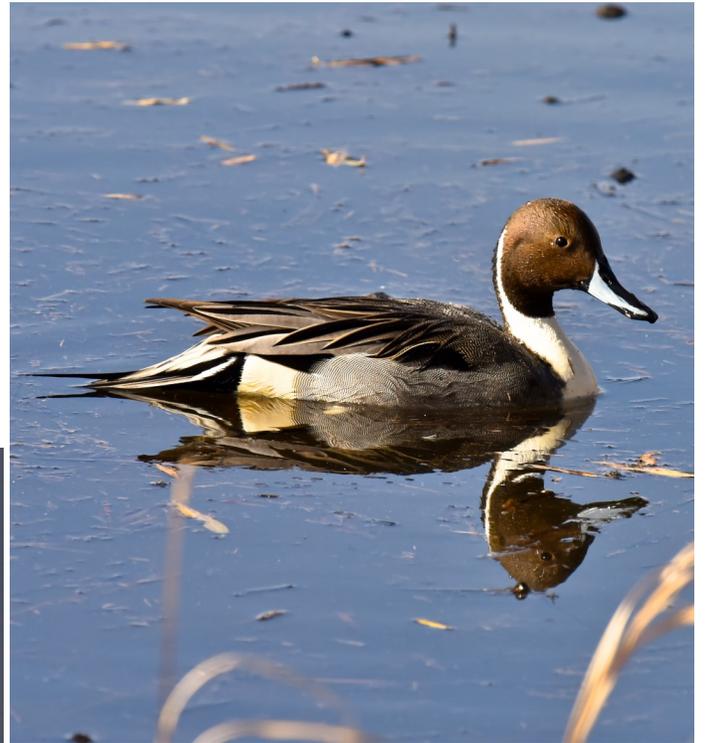
Most leafy vegetables benefit from an application of nitrogen three and six weeks after planting using an organic amendment like fish emulsion or a recommended fertilizer based on a soil test.

## November Bird of the Month Northern Pintail By Mike Creedon



Here it is November again, time to take a look at one of our beautiful ducks, this time the Northern Pintail. A stunning bird in anybody's book. This bird is a long-distance migrant, breeding in the far north of our continent, wintering in the southern half, including right here in Eastern N.C. Widespread across North America, Europe, and Asia, the Northern Pintail is probably one of the most numerous duck species in the world, although eclipsed in

numbers by our omnipresent Mallard. Slim and long necked, it has an elegant appearance both on the water and in flight. Pintails are wary at all seasons and be-



come very secretive during the flightless stage of their molt in late summer.

As we discussed one year ago, all ducks are divided into two camps, Dippers and Divers. The Northern Pintail is in the Dipping camp, some say Dabbling, eating seeds from aquatic plants, worms, snails, crustaceans, aquatic insects, and grains such as rice, wheat, corn, and barley. They pick at seeds and grains while walking or scoop up aquatic insects and seeds with their bills. Another feature of these two camps, Divers legs are located on the rear of their body, better to propel them underwater. This location does impede their ability to walk. Dippers legs are set in the middle of their body, allowing them to walk on Terra Firma with ease.



## Bird of the Month (cont.)

They can be found on flooded or dry agricultural fields, lakes, reservoirs, estuaries, salt marshes, and both fresh and saltwater wetlands and bays. They nest on the ground in croplands, grasslands, wet meadows, seasonal wetlands, and shortgrass prairies, often much farther from water than other ducks.

Pairs form on the breeding grounds, with males often mating with more than one female. They have one brood, from 3 to 12 eggs. The eggs hatch in

about 23 days, with the fledglings able to leave the nest immediately. Within hours of hatching, the female will lead the brood to water, where they are able to feed themselves. While females are still incubating, males leave their mates and begin forming flocks in preparation for migration. The



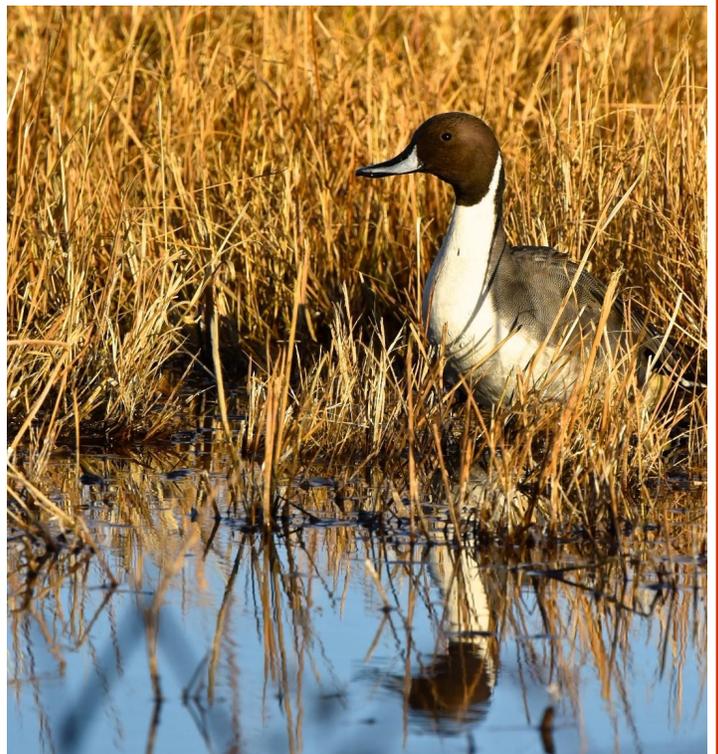
couple only stays together for one breeding season. The young are capable of flight in about 45 days. In the far north where they breed, long, sometimes continuous daylight allows for feeding at all hours, leading to faster development.

While not a threatened species, the numbers have been in a slow decline, again loss of habitat the primary cause. An average of over 500,000 are harvested by hunters annually. The Northern Pintail is one of, and the most numerous, four Pintail species.

The other three are primarily South American birds. The White-

cheeked Pintail is also called the Bahama Pintail. I got a few photos in the Galapagos. The photos here were all taken in Eastern NC, except the nesting birds, which were photographed in Alaska, above the Arctic Circle in June of this year.

So if you are out and about this winter, near any large body of inland waters, have a good look, you will probably spot this lovely bird.



## Horticulture by Maureen Loomer



Maureen Loomer treated us to a “who is it” lesson. Examining the specimen as to where it was growing and various aspects of the different parts of the plant; it was deduced to be a Swamp Sunflower.

# October 2021 Monthly Program

Olwen Jarvis a member of the Lower Nuese Bird Club. Olwen gave TWGC a wonderful presentation on local birds, photos she has taken of them and described the bird calls of several species. It was a wonderful presentation.



## GCNC District 11 Fall Meeting

October 2021 TWGC hosted the Garden Clubs of North Carolina, Inc., Fall Meeting. The event was attended by over 80 members from 21 garden clubs across the district. The meeting included remarks from GCNC leaders, and District 11 Chairs, a program by Tim Minch a noted horticulturist, a memorial to members we have lost over the last two years and a white elephant silent auction, door prizes and a delicious luncheon.



# TWGC Hosts District 11 Fall Meeting



## Blackberry Pear Pie by Inspired by Charm

### Ingredients

1 recipe Pie Crust  
5 cups peeled cored, and chopped pears - about 6 Bosc pears  
2 containers (6 ounces each) blackberries  
2/3 cup [granulated sugar](#)  
1/4 cup [cornstarch](#)  
1 teaspoon [ground cinnamon](#)  
2 teaspoons grated orange zest  
1/2 teaspoon [kosher salt](#)  
1 egg yolk  
2 tablespoons cream or milk  
Coarse sugar

### INSTRUCTIONS

Begin by preparing your pie crust. (You can use your favorite recipe or even store-bought crust.)

2. To make the filling, in a large bowl stir together the prepared pears, blackberries, sugar, cornstarch, cinnamon, orange zest, and salt.
3. Preheat the oven to 425 degrees Then, on a lightly floured surface roll out 1 disc of your prepared pie dough into a 12-inch circle. Transfer the dough circle to your pie pan. Trim off any access dough and save. Crimp the pie dough edges or tuck them under for a clean look.
4. roll out the saved dough and about 1/3 of your second disk of dough. Use cookie cutters to cut out leaf shapes.
5. Add the filling to the pie shell; then arrange the dough shapes onto the filling.
6. In a small bowl, whisk together the egg yolk and cream. Brush over the dough. Sprinkle with coarse sugar.
7. Place the pie on a baking sheet. Bake for 20 minutes at 425 degrees Then, reduce the temperature to 325 degrees Bake for 60-70 minutes or until the top is golden brown and the filling is bubbly Place the pie to a wire rack so it can cool.

# Trent Woods Garden Club Awards

GCNC Awards 2021-2022

First Place

Year Book

GCNC Awards 2020-2021

First Place

National Garden Week

Asheville Garden Club Garden Therapy

Alta Kornegay Garden Therapy

Pat Olejar Holiday Decoration

Sylvia Gatzy Award

Ruth Yarbrough Publicity Press Book

Website Award

Publications Award

Mary Jane Knight Youth Program

Second Place

Club of the Year

Peggy Polak for Youth Education