

Trent Woods Garden Club

March 2020

Greetings All,

What a busy February we all have had! Thank you to everyone who has participated in our many events and activities. Of special note, the increase of the number of guests who have been attending our meetings is great news. Let's make sure that they feel welcomed and please invite them to join in our many activities especially Garden Therapy and the Herb Sale. We will begin a plant/bulb/seed swap from our trunks this month after the general meeting. Just let me know before the meeting so we can announce this great sharing opportunity.

Also, as you will note in this newsletter, a field trip is being planned to Spice Factory in Kinston. It's a short 45 minute drive and we can car pool. Hopefully we'll spark more interest in our Herb Sale through this visit. If you have any other suggestions for a trip, please let me know. We do have 2 more opportunities to relay to you: the GCNC Annual Meeting will be held in Cary on April 25-27 during which the Youth Awards and Garden Club awards will be presented. It would be fabulous if our club would have a good representation. Remember that Frances Eder is our District 11 Vice Chair, and I am the Blue Star Memorial Program NC State chair. We have already won First Place for our beautiful Yearbook done by Judy Lott on the District level. Along with the business of the state council, there will be a Flower Show with "Friendship" as the theme. We will send out the schedule as anyone can enter the Flower Show. We see so much talent at our meetings, I hope that some of you would enter either in the Floral Design or Horticulture class.

The second event is a Garden Club Expo to be held in Haw Valley State Park on May 23. **Our State** magazine will be there to learn and to share with their readers all about what our garden clubs are doing around North Carolina. Please talk to Frances Eder if you are interested.

So, as you can see there is always much to do with our garden club. Thanks for all you do and please let me or a board member know if we can do anything else to make our TWGC club even more enjoyable and helpful.

Trent Woods Garden Club 2019-2020 Executive Board

President Paula Hartman

First Vice President

Ann G. Hall

Second Vice President

Debbie Durham

Recording Secretary

Marcia Sproul

Corresponding Secretary

June Boyd

Treasurer

Mary Florence

Historian

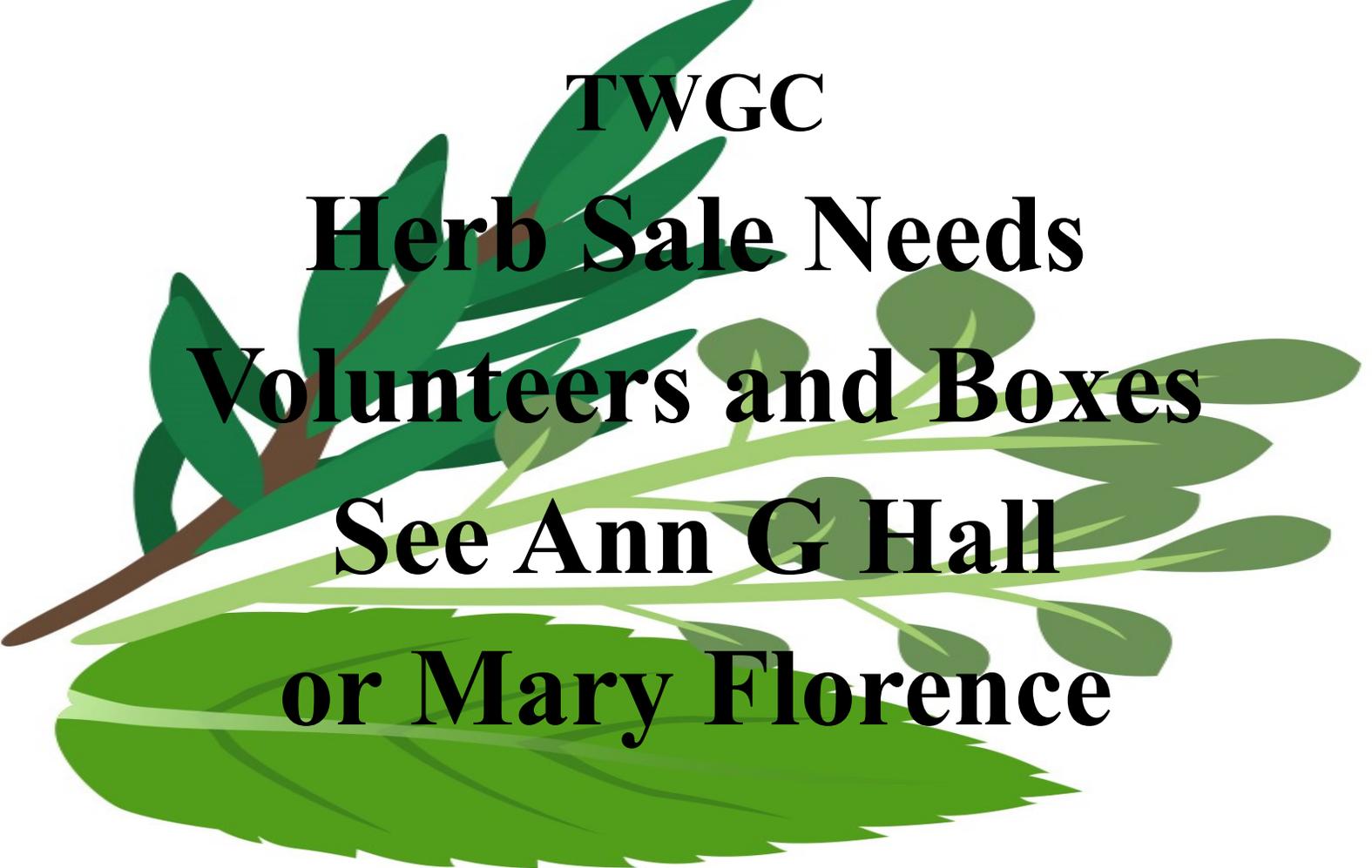
D' Stone

www.trentwoodsgardenclub.com

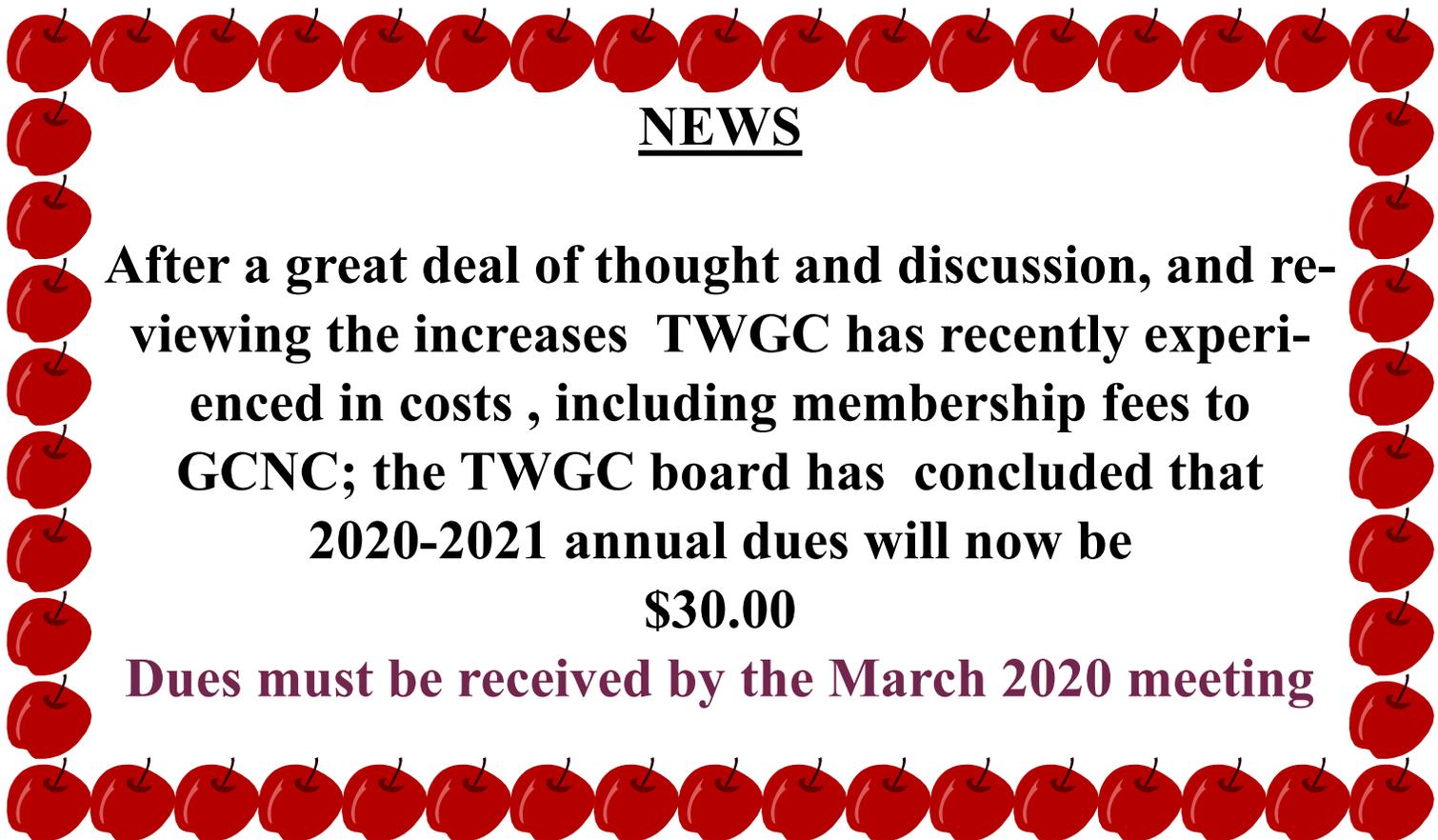
Facebook: Trent Woods Garden Club

National Garden Clubs, Inc

The Garden Club of North Carolina, Inc



TWGC
Herb Sale Needs
Volunteers and Boxes
See Ann G Hall
or Mary Florence



NEWS

After a great deal of thought and discussion, and reviewing the increases TWGC has recently experienced in costs , including membership fees to GCNC; the TWGC board has concluded that 2020-2021 annual dues will now be \$30.00

Dues must be received by the March 2020 meeting

Spice Bouquet Cooking Class!

Let Paula know if you are interested in participating!

Spice Bouquet offers a variety of menu options for our demonstration style cooking classes. Classes are offered for individuals as well as both large and small groups between 15-40 people. Spice Bouquet demonstrates how to prepare quick, easy, inexpensive and healthy meals using Spice Bouquet rubs and seasonings. The cost of the program, including the full dinner, is \$20.00 per person. It also includes a raffle with prizes and a complementary photo book of your group. Over 30,000 people have attended these classes with very positive reactions.

Scheduling of classes takes place Tuesday - Saturday. We only book one class per day, so any day that already has a class booked is not available. Classes can be booked for daytime, evening or weekends. Classes are between 12:00pm - 2:00pm to 6:00pm - 8:00pm, any 2 hour period can be booked in between these hours. Keep in mind the class will typically last 2 and a half hours. The time of the event is at your discretion. If you need to schedule your group outside of these hours, call us and we will do our best to accommodate your needs.

You can book a class for yourself or a group by calling Spice Bouquet at 252-527-7000. Call today to reserve your seat! Classes running year round and seats are always available.

The normal Spice Bouquet cooking class includes:

1. Salad that is low in sodium but high in taste and flavor. 2. Pita bread appetizers 3. Chicken cutlet and salmon samplers using Spice Bouquet dry rubs. 4. Full dinner with appropriate side dishes 5. A delightful dessert 6. Sweetened tea, bottled water, and specially seasoned hot coffee. Hot tea and decaf coffee are available on request.

The Salad, Entrée, and Dessert chosen will be served to all members of the group (unless there is a food allergy or dietary restriction). Any allergies or dietary restrictions need to be made aware to us as soon as possible. We will accommodate your needs.

Attached is a Group Reservation Sheet. This is to be filled out and returned with a list of names of those attending. Certificates are handed out at the completion of a class. The list of names can be sent separate from the Reservation Sheet.

When you book a group class, we would like to have your menu choice 2 weeks before your class date or earlier. Also, 2 weeks before your class date, we would like payment in full and a list of names for those who will be attending.

*Also, if you are using GPS to locate our site, use the street address, 1200 East New Bern Rd.

Thanks,

Spice Bouquet

1200 US Hwy 70 East Kinston, NC 28501

Butterfly Watching By Judi Lloyd

Here's a bit more information to follow up on Hadley's terrific presentation at our last meeting!

Butterfly watching, though unlikely to match the widespread popularity of bird watching, has gained significant favor in recent years. Butterflies are colorful, diverse, abundant, and active during the day in warm months, making them an ideal pursuit for wildlife watchers. In fact, wildlife watching as a whole, given impetus by the increased awareness of regional and ecological diversity, has become one of this country's fastest-growing outdoor recreational activities. Planting a variety of both nectar plants for adults and host plants for caterpillars in a sunny location will ensure many hours of viewing pleasure as butterflies visit your garden.



Some species (there are 175 different species in North Carolina) are found statewide, while others are restricted to a specific habitat type or region.

Butterflies and moths are unique because they change from a caterpillar to a winged adult through a process called metamorphosis. A typical butterfly's life begins as an egg, generally laid on the leaf of a host plant. A *host plant* is a plant that caterpillars like to eat. Eggs soon hatch into caterpillars. After a few weeks, the caterpillar molts into a mummy-like stage with a hard-protective casing, called a pupa or chrysalis. While in the chrysalis, the caterpillar transforms into an adult. At the end of about 2 weeks, the adult emerges from the chrysalis, spreads and dries its wings, and begins searching for food and a mate. Following successful mating, the female begins her search for a host plant on which to deposit her eggs, and the life cycle begins again. Depending upon the species, adult butterflies can live from 1 week to 9 months.

An effective butterfly habitat provides everything a butterfly needs to complete its life cycle.

Provide a good diversity of host plants to attract a variety of butterflies and their caterpillars. Caterpillars are voracious but picky eaters, and many feed only on a particular species of plant.

Visit butterfly gardens at local nature centers or botanical gardens and observe which flowering plants attract butterflies.

Do not get discouraged if a particular plant does not attract butterflies as anticipated. Experiment and find out which plants work in your butterfly habitat.

Plan your butterfly habitat before buying and putting in any plants, making sure to provide for all the basic butterfly needs (sun, shelter, larval host plants, and adult nectar plants).

Your butterfly habitat will function best in a sunny location. Most butterflies are active only in the sun, and many butterfly larval and nectar plants require sunny spots.

Provide a few large flat rocks for butterflies to perch on while basking in the sun.

Throughout the growing season, leave the dead flower heads and dead foliage on your plants or you may accidentally remove eggs or pupating butterflies.

To keep your garden looking and performing its best requires research, planning, and annual maintenance. Although you'll probably discover that many butterflies quickly find your new plantings, be patient until your butterfly garden becomes fully established and, therefore, fully appreciated by the butterflies. For more detailed information on which butterflies are in our area and some of their preferred plants, go to <https://content.ces.ncsu.edu/butterflies-in-your-backyard>



INSTRUCTIONS FOR 2019-2020 TWGC Service Recognition Award

Once again it is time to nominate the club member who works tirelessly helping to ensure the success of the Trent Woods Garden Club, working behind the scenes and going above and beyond normal expectations. *Please don't forget our Senior Members who have done so much for the club in past years.*

ELIGIBILITY FOR RECOGNITION AND NOMINATION OF MEMBERS

It's important that you give as much in-depth information as possible on the nomination form, keeping in mind the more information you provide, the better the chances for the entry. The best resource to help with your decision is past Newsletters.

A SEATED PRESIDENT does not qualify for nomination as it is the responsibility of the president to act as tie-breaker should it become necessary during the voting process; nor does the seated president qualify for nomination during tenure as president.

In order to assist the committee with any questions regarding an entry, all forms must be signed.
UNSIGNED FORMS WILL BE DISQUALIFIED.

FORMER AWARD WINNERS do not qualify for nomination.

Either written or on-line nominations are acceptable and must be available to the committee no later than the April 9, 2020 meeting. The announcement of the winner will be at the Spring Luncheon/ Meeting on May 14, 2020.

Send in your completed form or questions or concerns to any of the following committee members:

D' Stone, June Boyd, and past award winners, Mary Florence, Frances Eder and Ann Court,

Horticulture Corner-March

By Maureen Loomer

Now when the primrose makes a splendid show, And lilies face the March-winds in full blow, And humbler growths as moved with one desire Put on, to welcome spring, their best attire...

--William Wordsworth, "Poor Robin,"

Garden center report: Flowering plants.

Lowe's had an abundance of potted bulbs in various degrees of maturity when I visited on March 2. If your daffodils got blasted by our recent snow storm or your hyacinths are already spent and you want blooms for Easter, you might want to drop by. I will be putting some in a container to decorate my front porch, then lift the bulbs to put in the ground for next spring. Lowe's also had primroses and Carolina jessamine, both flowering very nicely. Those of you that attended the February meeting will recall that our speaker recommended Carolina jessamine as a good choice for extending the food supply for our pollinators.

Pinecone had Lenten fashioned favorite that I have the buttercup is a herbaceous, perennial that deer avoid, so I shady part of my woodland says they are easy to grow pitt.ces.ncsu.edu/2015/11/ New cultivars are much more ties that are mostly white or have seen them at Pinecone them a try. Pinecone also had of columbine (*Aquilegia sp.*), a relative that is a North Carolina the summer, but would be very garden. More information on www.monrovia.com/plant-mix-columbine/.

Ground covers:

It is time to start thinking about weed control, and putting down pre-emergent and new mulch. I only do this in a few of my beds since I like to encourage the flowering weeds that are important too so many of the non-colonial pollinating insects that were discussed by our speaker at the February meeting. For those of you who are interested in putting in ground covers that provide pollen, perhaps you would be interested in considering red creeping thyme which has done very well in both my walled herb garden and the sunny part of my woodland garden. I also like to grow it in my container garden. Another consideration might be mossy rockfoil (*Saxifraga sp.*). On my visit, Lowe's had a really pretty saxifrage cultivar "Alpino, early Picotee" that claims a bloom window of 10 weeks! This could be a good choice for mounding or spreading in dappled sun (<https://garden.org/plants/view/653686/Saxifraga-Alpino-Early-Picotee/>).

For those of you looking to replace part of your conventional lawn with a no-mow or low-mow option, there are some great choices including dwarf mondo grasses. I had never seen the "black" variety before, but after seeing it at Pinecone on today's visit I decided to see what I could find out. This article in the Charlotte Observer might be of interest <https://www.charlotteobserver.com/living/home-garden/nancy-brachey/article41693211.html>

Wendy at Pinecone wants you to know that she has vegetables now, and more coming in! Until next month....



roses (*Helleborus sp.*), an old-never tried. This relative to woody-stemmed, evergreen think I may put some in the garden. The NC extension (<https://lenten-rose-for-winter-color/>) colorful than the older varie-green. This is the first time I and I am very tempted to give the colorful "Origami" hybrid deer-resistant buttercup-native. They will die back in nice in the spring cutting-these at (<https://catalog/plants/980/origami->

February 2020 General Meeting



Genus: *Salvia*
Family: *Lamiaceae*
Species: *S. apiana* (White Sage)
Cultivated and Collected by Maureen Loomer (walled herb garden)
Evergreen. Native to American Southwest. Flowers attract varied pollinators including bumblebees, carpenter bees, Bombyliidae, and hummingbirds.
Used in native American cuisine, medicine and religious ceremonies.

Horticulture specimen for February

Genus: *Salvia*

Family: *Lamiaceae*

Species: *S. apiana* (common: White Sage)

Cultivated and Collected by Maureen Loomer (walled herb garden)

Evergreen. Native to American Southwest. Flowers attract varied pollinators including bumblebees, carpenter bees, Bombyliidae, and hummingbirds.

Used in native American cuisine, medicine and religious ceremonies.



Seasonal Design of Roses and Carnations by Mary Francis

Seasonal Design and Horticulture example by Maureen Loomer.

Genus: *Forsythia* (common: Golden Bells, Easter Bells)

Species: *Forsythia X Intermedia* (hybrid) Family: *Oleaceae* (olive)
Origin: Asia

Dimensions: Ht: 8- 10 ft. W: 10- 12 ft.

Light: Full sun (6+ hours)- Partial Shade (2-6 hours)

Soil Texture: Clay, High Organic Matter, Loam (Silt), Sand

USDA Hardiness: 6a, 6b, 7a, 7b, 8a, 8b Deer, drought, salt resistant.

Fast growing shrub. Pale to deep yellow flowers in early spring; borne on one to two-year-old growth. Solitary or clusters of 2-6 on old wood.

As with other spring flowering shrubs (spirea, flowering quince, loretalum, lilac, etc.) prune IMMEDIATELY after flowering, but not after July 10th. In general, cut oldest limbs near the ground level for constant rejuvenation of shrubs.

Genus: *Iris* (common: Siberian irises, flags)

Species: Although many bearded irises are called Siberian, those with unbranched stems are *Sanguinea* and those with branched stems are Siberian. Family: *Iridaceae* Subfamily: *Iridoideae*
Tribe: *Irideae* Variety/Cultivar: unknown

Spring bloom, needs full sun. Tolerates wet, deer resistant. Multiply by rhizomes, divide after leaves decline. Good early pollen source for Bumble and Carpenter bees, some moths.





New member Denise Levings arrives at the February 2020 meeting. Everyone enjoys catching up with other members before the program starts!

Festive Table Décor by Judy Boyd



Carol Letellier sent in all these Spider Plant babies to share! We auctioned them off to good homes and raised money for our scholarship fund!



Youth Gardeners

Our February meeting fell the day before Valentine's Day so we had a very special agenda for our Garden BEES! First, we reviewed last month's lessons. Ms. Ann created a very unique Bird log, "the Birds I See" with pictures of birds found in North Carolina. We asked the students which ones they saw on or near their bird feeders. Their answers were quite interesting. But, they did remember the state bird and the differences between male and female cardinals and the different size and shapes of bluebirds. Ms. Sylvia brought individual baggies of supplies so each BEE could make a Valentine card. And what would Valentine's Day be without flowers? After a brief Floral Design 1-2-3, the children made beautiful arrangements. First, they placed greens from our yards into the chopped up oasis in recycled mugs and then they finished by adding beautiful flowers. Each design was special and we know their parents appreciated these gifts. But we also had the horticulture corner where Ms. Mary and Ms. Eileen reviewed how to plant seeds and the BEES planted snap peas. We also were pleased to see the daffodils which we planted in November were blooming.. So, all in all, we had a very bzzzy and productive meeting of the Garden BEES.



Bird of the Month

Pine Warbler

A bird true to its name, the Pine Warbler is common in eastern NC pine forests and is rarely seen away from pines! These yellowish warblers are hard to spot as they move along high branches to prod clumps of needles with their sturdy bills. If you don't see them, listen for their steady, musical trill.

The Pine Warbler is the only warbler that in addition to insects also eats large quantities of seeds, primarily those of pines. This seed-eating ability means Pine Warblers sometimes visit bird feeders, unlike almost all other warblers. The Pine Warbler will eat millet, cracked corn, sunflower seed, peanuts, and suet from elevated feeders in winter. It may also eat fruits from bushes and vines, like bayberry, flowering dogwood, grape, sumac, persimmon, and Virginia creeper.

Pine Warblers nearly always build their nests in pine trees, usually in pine or mixed pine-deciduous forest. Nests tend to be high in the tree and concealed among needles and cones. The nest is a cup with an interior space about 1.5 inches across and equally deep. The female gathers most of the nest material, including grass, plant stems and fibers, bark strips, pine needles, twigs, and fine roots, binding them together with spider or caterpillar silk and lining the nest with feathers, hair, and plant down. In good weather she can finish the nest and begin laying eggs in 14 days. The male often escorts the female as she gathers materials, and occasionally helps build.

Pine Warblers typically forage and sing high in pine trees. Males are aggressive in the early breeding season, in fall, and in winter. They chase other birds and indicate aggression by gliding or flying with stiff wingbeats toward and then away from their opponent, in a circle. Birds sometimes fight by flying toward each other and locking bills in the air. In winter Pine Warblers forage in mixed-species flocks, keeping a few feet of space between each other. Males establish breeding territories in late winter or spring, singing persistently and chasing intruders. Both parents will perform broken-wing displays to lure predators away from the nest. After the young fledge the warblers move around in family groups.



VOLUNTEER!

Even if you volunteered years ago-Please join us again

Please contact the committee chair and sign up for a couple of activities listed below

Bank of the Arts

Mary Ann Hudak

Bishop House

June Boyd

Floral Design

Ann Simpson

Tree Décor at CEMC

Gail McLamb

TW Christmas Parade

Jack and Debbie Durham

Ghost Walk

Jane Ferree

Awards

Frances Eder

Blue Star Memorial

Marcia Sproul

Youth Gardeners

Paula Hartman

Garden Therapy

Kathy Perretta

Seasonal Design

Gail Pethia

Trent Woods Parks

Sue Wyatt

Meals on Wheels

Carol Letellier

Environmental Concerns/ Conservation

Maureen Loomer

Bank of the Arts



Designer:

Ann Simpson

Red, Pink and White Tulips
with Baby's Breath

Garden Therapy

Monday, February 17, 2020 10am

Homeplace, 1309 McCarthy Blvd.

On President's Day, TWGC members went to Homeplace. While there, they assisted residents in making red, white and blue floral arrangements in china cups for their individual rooms. A past TWGC president, Peggy Campbell Glynn, who was our leader in [1992-1993](#), is a resident at Homeplace. Peggy was a flower show judge and has taught classes and won blue ribbons for her beautiful designs over the years. After we finished flower designs we treated the residents to cookies, juice and had an old-fashioned sing-along. Bill Wyatt (husband of member Sue Wyatt) led the singing accompanied on his guitar. Each resident was given a small flag in honor of the day and thoroughly enjoyed our morning with them.



Garden Therapy – Schedule 2019/2020

Chair: Kathy Perretta – krperretta@aol.com

516-652-6899

Monday, March 16, 2020 10am

Monarch, 1320 Health Drive

Pinecone birdfeeders – Linda Nails

Monday, April 20, 2020 10am

River Point Crest , 2600 Old Cherry
Point Road

Plant Vegetable Garden - Jack Durham



Irish Soda Bread by Ina Garten

Ingredients

4 cups all-purpose flour, plus extra for currants
4 tablespoons sugar
1 teaspoon baking soda
1 1/2 teaspoons kosher salt
4 tablespoons (1/2 stick) cold unsalted butter, cut into 1/2-inch dice
1 3/4 cups cold buttermilk, shaken
1 extra-large egg, lightly beaten
1 teaspoon grated orange zest
1 cup dried currants

1. Preheat the oven to 375 degrees F. Line a sheet pan with parchment paper.
2. Combine the flour, sugar, baking soda, and salt in the bowl of an electric mixer fitted with the paddle attachment. Add the butter and mix on low speed until the butter is mixed into the flour.
3. With a fork, lightly beat the buttermilk, egg, and orange zest together in a measuring cup. With the mixer on low speed, slowly add the buttermilk mixture to the flour mixture. Combine the currants with 1 tablespoon of flour and mix into the dough. It will be very wet.
4. Dump the dough onto a well-floured board and knead it a few times into a round loaf. Place the loaf on the prepared sheet pan and lightly cut an X into the top of the bread with a serrated knife. Bake for 45 to 55 minutes, or until a cake tester comes out clean. When you tap the loaf, it will have a hollow sound.
5. Cool on a baking rack. Serve warm or room temperature.