

# *Trent Woods Garden Club*

September 2019

Greetings to All, as we enter the 58<sup>th</sup> year of Trent Woods Garden Club. The programs at our meetings will be presented for the most part by our own members who will share their talents and creativity with us. We appreciate this new approach to our meetings, and I hope you enjoy them. Our Yearbooks are ready and will be distributed at the meeting. Please note: The Bylaws section was not re-printed so please retain that section when you are putting in your new 2019-2020 Yearbook. Please thank Judy Lott, our editor, who produced a very informative book. If you have questions regarding our different projects, please do not hesitate to ask us. To continue to be an active club, Trent Woods Garden Club needs to encourage all of our members to participate in at least one committee. Do you have a new neighbor whom you could invite? Are you dividing plants or do you have extra bulbs to share? Did you find a special plant you'd like to present to us? Do you like to arrange flowers? We have several opportunities for you: Seasonal Design, Bank of the Arts, Garden Therapy and Youth Gardeners. Do you have any thoughts for possible Day trips? Also, we need to plan a fund raiser in addition to the Herb sale in April. Do you have any suggestions? Let's have a great year where everyone is contributing and learning about not only gardening but the environment and the world around us. Thanks to all who are working on committees and let's welcome more members to our great club.

Fondly,

Paula

Trent Woods Garden Club 2019-2020 Executive Board

President Paula Hartman

|                      |               |                         |               |
|----------------------|---------------|-------------------------|---------------|
| First Vice President | Ann G. Hall   | Second Vice President   | Debbie Durham |
| Recording Secretary  | Marcia Sproul | Corresponding Secretary | June Boyd     |
| Treasurer            | Mary Florence | Historian               | D' Stone      |

National Garden Clubs, Inc

The Garden Club of North Carolina, Inc



# VOLUNTEER!

Even if you volunteered years ago-Please join us again

Please contact the committee chair and sign up for a couple of activities listed below

**Bank of the Arts**

Mary Ann Hudak

**Bishop House**

June Boyd

**Floral Design**

Ann Simpson

**Tree Décor at CEMC**

Gail McLamb

**TW Christmas Parade**

Kathy Perretta

**Ghost Walk**

Jane Ferree

**Awards**

Frances Eder

**Blue Star Memorial**

Marcia Sproul

**Youth Gardeners**

Paula Hartman

**Garden Therapy**

Kathy Perretta

**Seasonal Design**

Gail Pethia

**Trent Woods Parks**

Sue Wyatt

**Meals on Wheels**

Carol Letellier

**Environmental Concerns/Conservation**

Maureen Loomer



## We're into the Thick of It!

Fall is upon us and it's time to put the ball into play. We have our Garden Club Year plans ready as we prepare for the colorful leaves to fall and watch for signs of pumpkins and feasts. Plans have been made for our District Meeting and our registration form is attached. We're grateful to Southport Garden Club for arranging our meeting. Please inform your members of the district meeting and encourage them to attend.

The format for the District meeting will be different. I have asked all the committees to send me a report and it will be distributed as a newsletter at the meeting. We will have 4 short programs. They are on gardening with plant towers and using them as Garden Therapy for all ages and abilities, Worm Casting and the multitude of benefits it can offer a garden, Venus Fly Traps growing conditions and a flower arranging demonstration. I believe there is something of interest for each of our members including the fun and fellowship.

This year the Garden Club of North Carolina officers will not be attending but we'll still have reports from what is learned at the GCNC Fall Board Meeting. It's not too late to attend that Fall Board meeting in Statesville on September 9-10. The registration form is on the GCNC website. The password is flower&BEE1925. Remember the Presidents of your clubs are on the Executive Board of the GCNC. There will be a meeting for them on Monday night at 8:30. They represent their clubs in the decision-making process of the state organization. There will also be workshops on Awards and Youth Clubs at 3.

This is a reminder that at the GCNC Board Meeting, I have a 2 minute report to give on our district (32 clubs). I have received info on clubs' projects from 5 and would like to give a shout out to more clubs at that meeting. Please send me a little something. The Presidents will be called on to give a 2 minute report on their club activities at Southport on October 8.

Also remind the members that the Green Leaf Garden Club in Maysville will be installing a Blue Star Memorial on September 20 at 11:00 AM and they extend an invitation to each of you.

At the District Meeting, we will have a Memorial Service to honor those in our garden clubs who have passed away. Since the hurricane last year caused a cancellation of our district meeting, we will be covering a two year period. There is a form on our GCNC website to complete for those you wish to honor. Send it to our District Chapman, Sharon Benson, 4004 Norseman Loop Rd, Unit 4, Southport, NC 28461 by October 1.

If you haven't sent in your yearbooks, they are due to Linda Langheld by September 6. Her address is 130 White Ash Dr., Pine Knoll Shores, NC 28512.

The Fall is upon us but let us not fall in our efforts to have strong clubs while having fun along the way. I hope each of you is enjoying taking the bloomin' lead. Let me know if there is anything I can do to assist you in those efforts.



Tula Satterfield, GCNC District 11 Director

**DISTRICT 11 ANNUAL FALL MEETING**

**OCTOBER 8, 2019**

Southport Presbyterian Church

1025 E. Moore St., Southport, NC

**REGISTRATION & VENDOR TABLES OPEN AT 9:00 AM**

**CONTINENTAL BREAKFAST, COFFEE & TEA**

**MEETING BEGINS AT 9:30 AM**

REGISTRATION FORM

Name \_\_\_\_\_ Phone \_\_\_\_\_

E mail address \_\_\_\_\_ City \_\_\_\_\_

Mailing address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Garden Club \_\_\_\_\_

I plan to set up as a vendor table Yes \_\_\_\_\_ No \_\_\_\_\_ GC member tables \$5, Outside vendor \$20

I will bring my own table Yes \_\_\_\_\_ I will need SPGC to provide a table Yes \_\_\_\_\_

Please check all that apply:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> National Officer       | <input type="checkbox"/> Board of Governors   | <input type="checkbox"/> Club President           |
| <input type="checkbox"/> State Officer          | <input type="checkbox"/> State Chairman       | <input type="checkbox"/> Club Member              |
| <input type="checkbox"/> District Director      | <input type="checkbox"/> State Life Member    | <input type="checkbox"/> Flower Show Judge        |
| <input type="checkbox"/> District Vice Director | <input type="checkbox"/> SAR Life Member      | <input type="checkbox"/> Gardens Consultant       |
| <input type="checkbox"/> Past State President   | <input type="checkbox"/> National Life Member | <input type="checkbox"/> Landscaping Consultant   |
| <input type="checkbox"/> Trustee                | <input type="checkbox"/> State Committee      | <input type="checkbox"/> Environmental Consultant |
|   |   | <input type="checkbox"/> Guest                    |

**Registration with your payment must be received by September 25th**

**Mail your check in the amount of \$ 28 to:**

**SOUTHPORT GARDEN CLUB**

**VICKIE MATTHEWS, PO BOX 11263, SOUTHPORT, NC 28461**

**\$5 Late fee if postmarked after September 25<sup>th</sup>**

Lunch Menu: Build your own salad, with chicken, shrimp or fruit, cake, coffee, tea, water

Please let us know at time of registration if you have food allergies or special dietary needs.

We will have several vendors available at 9:00 am, lunch and after the meeting. If your club would like to set up a vendor table, please indicate above that you will bring your own table or indicate that you will need a table. Please, no sharing.

Registration \$ 28.00

Vendor Fee \$ \_\_\_\_\_

Late Fee \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

E-mail Vickie Matthews at [vmatthews57@gmail.com](mailto:vmatthews57@gmail.com)

## Horticulture Corner-September 2019

By Maureen Loomer

*Horticulture is defined as that branch of agriculture concerned with growing plants that are used by people for food, for medicinal purposes, and for aesthetic gratification.*

-- USDA.gov

Hello Club Members! I want to thank Deb Tallman for the opportunity to share some (hopefully!) interesting and useful information concerning the art and science of plant culture. I hope to coordinate the column content with the seasonal conditions and specific interests of our members, during the coming club year. So, if you have a topic you would like me to research for future columns, please feel free to email me [bee27534@aol.com](mailto:bee27534@aol.com).

Mints, peppers, and blanket flowers that drowned last spring-summer have done great during this drier year, and will still be producing if you have been harvesting leaves, flowers, and fruit. Verbenas and Penstemons will still be flowering IF they don't get too hot or too wet/dry. While the coneflowers, salvia and geraniums have gotten leggy and ragged, a few long and late bloomers merit mention (in case you have the energy for some late planting):

Some garden centers still have milkweed (*Asclepias sp.*). Migrating Monarch butterflies are looking for this important host plant. Blooms may be gone, but the larvae only need the leaves. I am pleased to report my whole crop has been consumed! Still in garden centers, Wand flower (*Gaura lindheimeri*) and tickseed (*Coriopsis sp.*) will bloom till frost. They love sun, bounce back after torrential rain, and attract pollinators. I have used these in place of Joe Pye Weed (*Eutrochium sp.*).

Think about putting some fountain grass in your big containers. It will look so nice with mums. Consider pink muhly grass, too. Lastly, start thinking about those garden tasks for fall, such as dividing irises and planting bulbs. Until next month!



**TRENT WOODS GARDEN CLUB  
CALENDAR OF EVENTS  
2019-2020**

**CLEAN SWEEP**

Lawson Creek Park, New Bern  
First Saturday of October, February,  
May, and August

**TWGC FIELD TRIPS**

**Lynn Faulks– October 24**  
Locations, dates and times will be scheduled throughout the Garden Club year.

**GHOSTWALK**

Historic Downtown New Bern,  
October 25-26, 2019

**ARBOR DAY**

Cottle Park, Trent Woods, November 14, 2019

**TRENT WOODS CHRISTMAS PARADE**

Trent Woods, December 8, 2019

**CHRISTMAS TREE DECORATING**

CarolinaEast Medical Center, TBA

**BISHOP HOUSE CHRISTMAS**

611 Middle Street, New Bern, TBA

**TWGC ANNUAL HERB SALE**

New Bern Farmer's Market  
April 2020

**Bird of the Month**

**Sanderling**

See that little bird with the black legs chasing the waves? That bird is likely a Sanderling. Even though they breed in the high Canadian arctic tundra, you can find them on just about any warm beach fall thru spring.

Sanderlings nest in the far north by finding a shallow depression on a rocky shore away from vegetation. The nest depression is loosely lined with willow shoots, lichen, moss and other vegetation. The nest is usually 3 inches across by 2 inches deep. Both parents incubate clutches of 3-5 eggs. If a predator comes close to the nest, the Sanderlings will wait until the last minute to "limp" away, with a "broken wing" feint to draw the predator away from the nest.

Sanderlings feed by running down the beach after a receding wave to pick up stranded crabs, mollusks, worms or probe for hidden prey, plankton, seeds and algae in the wet sand.





## Spiced Apple Quick Bread

1 C shredded peeled apple (squeeze dry)

½ C chopped walnuts

½ C dried cranberries

½ tsp ground ginger

½ C vegetable oil

½ C plain yogurt

1 tsp vanilla

2 eggs

1 1/2 C flour

½ c plain sugar

¼ C light brown sugar

1 tsp baking powder

1 tsp cinnamon

½ tsp salt

¼ tsp baking soda

¼ tsp nutmeg

Whisk together all dry ingredients, set aside

Whisk together oil, yogurt, eggs, vanilla and apples until combined.

Fold into dry ingredients. Spray a 9x5 loaf pan with nonstick spray. Bake in pre-heated 350 degree oven 50-60 minutes, until toothpick comes out clean. Cool on rack 10 minutes and then remove from pan. Allow to cool completely on rack. Can be made ahead and frozen for up to a month. Just allow to defrost on counter over night.

### Garden Therapy – Schedule 2019/2020

Kathy Perretta – krperretta@aol.com 516-652-6899

**Tuesday, Sept.17, 2019-10am**

Bayview, 3003 Kensington Road  
Sue Wyatt

**Monday Oct. 14, 2019 10am**

Trinity United Methodist Church, 2311 Elizabeth Avenue  
Nosegays for Meals on Wheels – Carol Letellier

**Monday Nov. 18, 2019 10am**

Croatan Village, 4522 Old Cherry Point Road  
Sylvia Cotton

**Monday, December 16, 2019 10am**

Brookdale, 1336 S. Glenburnie Road  
Gail McLamb

**Monday, January 13, 2020 10am**

Good Shepherd, 603 West Street  
Bird Feeders - Laura Knox / Paula Hartman

**Monday, February 17, 2020 10am**

Homeplace, 1309 McCarthy Blvd.  
Marcia Sproul

**Monday, March 16, 2020 10am**

Monarch, 1320 Health Drive  
Pinecone birdfeeders – Linda Nails

**Monday, April 20, 2020 10am**

River Point Crest , 2600 Old Cherry Point Road  
Plant Vegetable Garden - Jack Durham



## Making Compost Happen

By Judi Lloyd

Want to cut your trash by 25 percent and make your garden and house plants really happy? Try composting! Composting is letting bacteria, fungi, molds and other microorganisms break down organic material such as food and yard waste. When fully decomposed and added to soil, compost helps to control some plant diseases, hold moisture and fertilize your garden or lawn. It is one of the ultimate recycling tricks! (Leave your grass clippings on the lawn after mowing, to act as a fertilizer, too.)

For me it began about 10 years ago, when I asked my neighbor what kind of fertilizer she used to produce such a lush and healthy garden. She reacted as if I had asked her where babies come from. She dragged me around to the back of her house and proudly pointed out a chicken-wire pen containing a steaming pile of refuse and table scraps. When I looked inside, I saw scraps of moldy bread, coffee grounds and rotting cantaloupe rinds. And, yuck, it was full of bugs! She was more than proud to show me the worms. After digging around inside the container and hauling out an anaconda-sized earthworm, she exclaimed “this is what makes my garden grow. Earth to earth, the cycle of life”.

Plant material, garden cuttings, grass, leaves and kitchen waste (not dairy, meat or bones) get collected in bins or simply in piles, where they become hot buffets for bacteria, yeasts, fungi, earthworms and fruit flies, who happily munch away until you have mounds of terrific soil ready to turn your puny perennial bed into a lush Garden of Eden.

You don't want to be adding chemical fertilizer to the ground; phosphates, ammonium nitrate, potassium chloride. Do you want your grandkids running over a lawn that has that stuff in it? And when it rains, those chemicals leach right into the canals and rivers. The phosphate runoff kills the fish and it's a good reason to never fall out of your kayak.

You can build a compost bin or pile or buy a bin. If you put an unobtrusive unit behind your garage, no one will be the wiser (and, truly it does not smell!) Add good composting materials such as eggshells, coffee grounds, tea bags, fruit and veggie parings and grass clippings (no weeds with seed heads, diseased plants or pet waste). It will also need water and aerating (by using a pitchfork or turning in a cylindrical bin). As the plant material decomposes and the water evaporates the pile will compress down.

Why use compost rather than synthetic fertilizer? First, it lets you use up stuff you don't need and decreases the amount of garbage going into landfills. If you compost, your garbage will be less smelly, too! Making compost puts the decomposition process to good use, instead of wasting it. Second, compost (aka Black gold) tends to release nutrients slowly into the soil, just the way plants like them. It helps the soil to hold water and air, so you don't have to water as often.

For more information on composting, go to the N.C. State University extension site: <http://www.ces.ncsu.edu/depts/hort/hil/hil-8100.html>

Composting is easy and free – and it makes you feel good! Of course, if this is not your idea of a good time, but you want to use compost in your landscape, you can purchase it from the Tuscarora Landfill on Old U.S. 70 in bulk for about \$20 a ton and in smaller quantities with a minimum charge of \$1. Hours are Monday through Friday from 8 a.m. to 4 p.m. and Saturdays from 8 a.m. to 1 p.m.

*Judi Lloyd lives in River Bend and can be reached at [judilloyd@yahoo.com](mailto:judilloyd@yahoo.com)*